

## ACADEMY STAFF

### Michelle Salmon—Camp Director



In just her second year as the University of Cincinnati Women's Soccer coach Michelle Salmon already has 18 wins (the highest two year total since 2001–2002) and led the 2008 Bearcat program to a record setting Big East finish. Coach Salmon's 2008 Bearcats finished in the top six in the Big East for the first time ever with a program best 6–3–3 Big East Conference Record.

Her 2008 Cincinnati squad earned their first ever Big East Conference Tournament win (1–0 over St. John's) and made their first-ever Big East Tournament Quarter-final appearance (where they fell to the NCAA Division I National Runner-Up Notre Dame). In 2009 Coach Salmon continued her success with three players earning Big East Conference Player of the Week honors. Prior to making her mark at UC, Salmon, the 2006 & 2007 MAC Coach of the Year, led Ball State University to back-to-back conference championships collecting a 26–9–5 record. For six seasons before going up BSU, Salmon guided the UMBC Retrievers to their first Northeast Conference Tournament. Coach Salmon has earned her USSF A License and is currently a Region II Regional Staff coach for the USYSA. She has been an assistant coach with the U-15 US National Team and is a current staff coach with the US National camp program.

### Chris Kouns—Assistant Camp Director



Chris Kouns is the associate head coach at the University of Cincinnati arriving with Coach Salmon in February 2008. The former head women's soccer coach at Jacksonville University (FL) made four consecutive A-Sun Conference Tournament appearances, winning the 2006 A-Sun Championship and earning a place in the 2006 NCAA Women's College Cup. Prior

to coaching at JU Kouns was an assistant coach at UPENN, Georgia State and Samford University. He was also the head women's soccer coach at Union College (KY) where he led the Bulldogs to the 1999 MSC Championship and a berth in the NAIA National Tournament series. Kouns began his coaching career as the head coach at Fayette County High School (GA) where his Tigers earned a National Top 25 Ranking, spent 7 weeks at #1 in Georgia and never finished outside the Top five in the state rankings. Coach Kouns has earned his USSF A License and his NSCAA Premier Diploma. He is currently an Ohio-South ODP state coach and has been on staff with both the Region III and Region II Olympic Development Programs.

### Amanda Martin—Assistant Camp Director



Amanda Martin arrived at the University of Cincinnati as an assistant coach in May of 2008. Since arriving at Cincinnati her Goal Keepers have earned three Big East Conference Goalkeeper of the Week Awards and led the Big East Conference in saves for the 2009 season. Prior to coming to UC, she was an assistant coach for the University of Oklahoma. At OU her goalkeeper was twice named the Big XII Goalkeeper of the week. Her first stop in coaching was at the University of North Carolina-Charlotte where she led them to an A-10 Championship and her goalkeepers set a school record goal against average. Coach Martin is also an Ohio-South Olympic Development Program staff coach and serves on the Region II ODP Goal Keeping staff.

## INFORMATION

### UNIVERSITY OF CINCINNATI

The University of Cincinnati is located just three miles north of Downtown Cincinnati. The UC campus is easily accessible from I-75, I-74 and I-71. The University of Cincinnati is also accessible from the Cincinnati/Northern Kentucky Airport (CVG) which is 20 miles away and the Dayton International Airport which is approximately 50 miles from campus.

### AIRPORT SHUTTLE

There will be an airport shuttle for those campers who are flying in from out of state. The round trip shuttle costs will be: to/from Dayton \$70 while the cost to/from CVG \$35. That fee must be paid in advance to save your place on the Bearcats Soccer Academy shuttle. Flight times for the shuttle will be sent to you with your confirmation letter.

### BEARCAT SOCCER ACADEMY EQUIPMENT

All campers should plan to bring proper playing equipment to camp: cleats, shin guards, extra socks/t-shirts, sunscreen, water bottle, etc. If you are attending an overnight camp you will be receiving additional information with the items you will need to bring with you to the dorm as well as the necessary travel information.

### MEDICAL SUPERVISION

There will be qualified athletic trainers on duty throughout the duration of the camp to care for injuries and to ensure that all campers receive proper hydration throughout the camp.

### CAMP STAFF EXPECTATIONS

Bearcat Soccer Academy staff coaches will ensure the proper development of each camper and will have direct interaction with the players in their care. They will be present in the dorms, at all meals and will be available to offer advice for college bound student-athletes.

### FACILITIES

Campers will play and train on Gettler Stadium, home of the Bearcats men's and women's soccer teams. In addition to Gettler Stadium there are several other sprint turf facilities on campus that we will be utilizing to assist players in their training. Campers will also have access to the locker room facilities, the state of the art recreation center at the University of Cincinnati as well as our world class training room facility. The Bearcat Soccer Academy offers top notch amenities for our campers to assist in their development.



# BEARCAT

## SOCCER ACADEMY



### CAMP DATES

**OVERNIGHT PROSPECT CAMP 1**

**JULY 17-20**

**OVERNIGHT PROSPECT CAMP 2**

**JULY 21-24**

**BEARCAT ACADEMY DAY CAMP**

**JULY 19-23**



**REGISTER EARLY! SPACE IS LIMITED!**

## 2010 APPLICATION

Camper's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_ Cell Phone \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

School \_\_\_\_\_

Position \_\_\_\_\_

T-Shirt Size:  SM  MED  LG  XL

Roommate Preference: \_\_\_\_\_

Medical Conditions \_\_\_\_\_

Airport Shuttle Required  YES  NO

**Camp Dates** - please check appropriate box(es)

Camp	Dates	Overnight Cost	Commuter Cost
<input type="checkbox"/> Prospect Camp 1	July 17-20	\$450	\$375
<input type="checkbox"/> Prospect Camp 2	July 21-24	\$450	\$375
Discounts: \$20 UC Employee		\$15 Group Discount (5 or more only)	
\$10 Siblings		\$10 Returning 2009 UC Camper Discount	

Camp	Dates	Cost
<input type="checkbox"/> Bearcat Soccer Academy Day Camp	July 19-23	\$200
Discounts: \$20 UC Employee		\$15 Group Discount (5 or more only)
\$10 Siblings		\$10 Returning 2009 UC Camper Discount

### Total Amount Enclosed:

I hereby authorize the staff of the above camp to act for me according to their best judgement in any emergency requiring medical attention, and I hereby release the camp from any and all liability for any physical injuries or illness that may occur to the above named camper. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in the camp program as outlined in the brochure. My signature on this waiver also states that the above named camper is covered by my personal medical insurance policy.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Complete the above application in full. Be sure to indicate which camp you plan to attend, note the tuition for that camp and indicate the amount enclosed as a deposit.

To register online visit <http://justsportsamps.com/cincywoscer>. Credit card payment available only online.

Make checks payable to: **Bearcat Soccer Academy**

Please mail application and tuition to: Bearcat Soccer Academy  
2751 O'Varsity Way  
Cincinnati, OH 45221-0021

For Information: 513-556-0567 or e-mail: [chris.kouns@uc.edu](mailto:chris.kouns@uc.edu)

## OVERNIGHT PROSPECT CAMPS

All camp sessions are run as college level training sessions with the goal of helping players see the expectations of a collegiate soccer player as well as see how they match up against other players of like training mentalities. This camp is designed with competitive players in mind and is focused on players' age 13-18 that are serious about improving both their technical abilities and their understanding of the game. This camp will feature positional training combined with tactical ideas, nutrition, speed and agility exercises and academic advising for college bound student-athletes. The camp is also designed to assist players in their search for the college or university that would be the best fit for their ability. Within each Player ID Camp there will also be individual goal keeper training. As with the field player portion of the camp goal keeper training will focus on collegiate level training sessions and putting keepers in situations that will test them mentally and physically.

**\*\* Player ID Camp numbers are limited to ensure that all campers will get individual training from UC coaching staff and personal interaction with staff members. This unique approach is what makes the Bearcat Soccer Academy different than any other college camp!**

*Last year's camp was a sell-out so this year we have added a second camp to accommodate all requests but still maintain the personal format.*

**OVERNIGHT CAMP 1** Sat. July 17–Tues. July 20 (Camp numbers are limited)  
**OVERNIGHT CAMP 2** Wed. July 21–Sat. July 24 (Camp numbers are limited)

Day	Time	Activity
<b>Day 1</b> (7/17 or 7/21)	3 pm–4 pm	Check in
	4:30 pm	Camp Meeting
	5 pm	Camp Dinner
	6:30 pm	Small sided and full sided games
<b>Day 2</b> (7/18 or 7/22)	7 am	Training Table
	9 am	Training Session #1
	Noon	Lunch
	2 pm	Training Session #2
<b>Day 3</b> (7/19 or 7/23)	5 pm	Dinner
	7 pm	Small sided and full sided games
	7 am	Training Table
	9 am	Training Session #3
<b>Day 4</b> (7/20 or 7/24)	Noon	Lunch
	2 pm	Training Session #4
	5 pm	Dinner
	7 pm	Small sided and full sided games
<b>Day 4</b> (7/20 or 7/24)	7 am	Training Table
	9 am	Training Session #5
	Noon	Lunch
	2 pm	Training session #6
	4 pm	Check out

## BEARCAT DAY CAMP

This camp is designed to help players work on their technical abilities and learn to play the game through a series of interactive activities. The camp will focus on making players age 5-12 more adept at completing the technical skills necessary to be successful in soccer under varying degrees of pressure. It will also place players in an environment where they will have fun learning those soccer skills and developing the traits necessary to become a better soccer player.

### DAY CAMP

Mon. July 19–Fri. July 23

#### Daily Schedule

8–9 am	Check-In
9–10:30 am	Technical Session
10:45–11:40 am	Swimming in Recreation Center
11:45 am–1 pm	Lunch
1:15–2:45 pm	Technical Session
3–4 pm	Small Sided Games
4:15–5 pm	Pick Up

